

INDICATORS FOR PRACTICE #4:

PROGRAM: _____

Commit to Partnering with Families, Schools and Your Community

The following indicators will help you establish a baseline and determine your progress in this practice area. Rubrics should be completed every two to three months by you as a program director or member of your program’s leadership team, and by site directors, site staff and partners. This will make it possible for you to identify areas in which this practice is especially strong and areas where it can and should be improved. The more input you have in this process, the more reliable the information will be. Keep in mind that the purpose of this tool is to assist you in creating and implementing action plans that will hasten the achievement of your goals and help you measure and manage your progress along the way.

KEY:

1. We haven’t addressed this yet, or are just beginning to work in this area.
2. We’ve done some work in this area, but have a long way to go.
3. We’ve made significant progress and are doing reasonably well.
4. We’ve achieved a high level of success in this area.
5. We’re clearly outstanding in this area, and everyone would agree.

Date Completed:

- A _____
- B _____
- C _____
- D _____
- E _____
- F _____

INDICATORS		1	2	3	4	5
<i>Partnering with parents and families</i>						
1	Our leadership team and staff are committed to engaging schools, parents and guardians, and families and community members to support children and young people in our program.					
2	We educate families about the importance of healthy eating and physical activity.					
3	We keep students and parents and guardians informed about upcoming health-related programs and community family events.					
4	We involve parents and guardians as contributors to nutrition and physical activity components of our program.					
5	We provide families with information and resources that help them make healthy choices					
6	We include parents and families in events such as family nights, weekend excursions, culminating events, nutrition education classes and opportunities for physical activities.					

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INDICATORS						
<i>Working with schools</i>						
7	Our site staff works closely with our school to provide nutrition education and physical activity support and expertise to our program.					
8	Our staff works closely with the school's food service staff and/or dietitian.					
9	Our site staff actively participates in the implementation of our district's wellness policy at the site level, and it includes the afterschool program.					
10	Our site directors serve on school wellness committees.					
11	Our site staff is aware of the curricula and standards for nutrition and physical education used during the school day and reinforces them with afterschool activities.					
<i>Working with our community</i>						
12	We draw on community resources to offer a wide range of opportunities for students that otherwise would not be available to them because of the limited financial resources of their families.					
13	We utilize community resources to provide students with opportunities to learn about the importance of nutrition.					
14	We utilize community resources to provide students with opportunities to learn about the importance of physical activity.					
15	We regularly provide opportunities for students to be involved in off-site learning experiences that promote physical activity and sound nutrition practice.					
16	We regularly assess the impact our program is having on families, schools and our community.					